

Super Human Brothers Battle the Sahara Desert!

Two brothers from Stow on the Wold decided to take on the biggest challenge we have ever seen. Alex Davenport-Jones and Nick Jones signed up to the mighty Marathon des Sables which is a torturous trek across the Sahara Desert as they wanted to raise money for charity. They endured a rigorous 16 month training regime to prepare themselves for the colossal challenge ahead.

On Thursday 6th April 2017 they flew off into the sunset to start their epic journey. The multi-day 'ultra-marathon' event spanned over six days during which an enormous 254km had to be covered. Alex and Nick tested their training and ran the tough terrain in temperatures of up to 60°C, with the longest stretch being 91km in one day! The brothers absolutely smashed it and successfully completed the immense mission with smiles on their faces! Alex reported “You were all very much at the forefront of our thoughts during this memorable week”.



Alex and Nick's chosen charities are the Nicola Corry Support Foundation (NCSF) and World Cancer Research Fund (WCRF UK), the charities are close to their hearts as Alex's, soon to be wife, Sally had cancer and both charities were able to offer her support and guidance through her tough battle. They set a target of an enormous **£40,000** to be split between the two charities which has almost been met, which is totally awesome. They hope to reach it soon as they will be holding an auction this Autumn, look out on our facebook page for further details soon.

Alex and Nick you are a true **INSPIRATION** to us all and we cannot **THANK YOU** enough for choosing us, taking on this epic challenge and raising so much money that will go an extremely long way to helping many families coping with cancer.



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Sign up to the Giving Machine to use when doing your online shopping & they give money to our charity at no extra cost to you!
thegivingmachine.co.uk

‘Helping Families Cope with Cancer’

www.ncsf.org.uk

email: info@ncsf.org.uk
Registered Charity No: 1114679

Tel: 0845 2573754

Fund Raising in 2017!

Bacon Butties by the lake!

Despite the blustering weather, the Kelly girls held their annual teas at Tortworth lake on Sunday 5th March.

The introduction of bacon rolls this year was a great success and an awesome £600 was raised!

A massive thank you to Rachel Trueman-Squire for her brilliant BBQ skills and to everyone that helped by providing yummy cakes, also a huge thanks to all that turned up to show their support, regardless of the wind and rain!!

Keep an eye on our facebook page for the date of next years event, it would be great to see you all there!



Kettlebell Challenge swings in the Cash!



The Bristol Kettlebell Club set a huge challenge in the month of February 2017, to reach 10,000 kettlebell swings.

They succeeded!!

In doing so they raised an enormous amount of over £1000!!! Well done to everyone involved, we hope your arms have recovered.

Charity of the year cheque collections!

We have been extremely lucky to have been chosen as 'charity of the year' for a number of organisations in the past couple of years. This is a great way to raise money and awareness to different audiences.

The Henleaze Townswomen's Guild have been busy organising events such as cake sales, craft fairs and coffee mornings throughout 2016 and 2017. On Wednesday 1st March 2017, they presented us with a cheque for **£800**, our trustee Jenny Bowrey and committee member Carole Hunter attended the presentation, Carole is pictured to the right. We would like to say a huge thank you to everyone in the Henleaze Townswomen's Guild for choosing us and for all their hard work in raising this fabulous amount.



The Gordano Breakfast Rotary Club, chose us again as one of their charities of the year and presented us with a cheque for £250 at their annual event at the Lido in Portishead on 30th June. This was a lovely surprise as they have already done so much for NCSF, we can't thank you enough for your support - **THANK YOU!**

GKN Aerospace Ltd have very kindly been collecting for NCSF and they presented our trustees Julie and Mary with the cheque as shown in the picture to the left, thank you so much for choosing us and for raising the amazing amount of £639.30 this will really help families coping with cancer.

Where the money goes....

With very small admin fees, almost all of the money raised through fund raising events is awarded through grants and given directly to families for financial support so they can focus on winning their battle with cancer. Below are some Thank you letters from families we have been able to help...



Thank you so much for your extremely kind generosity it is massively appreciated and will help me and my family no end. it has taken alot of pressure off over the next few months whilst going through chemo.

"Dear Nicola Corry Support Foundation (Mary)

Thank you sooooo much for your very generous contribution to my son's childcare costs. One of the hardest things about cancer treatment for me has been the impact on my ability to look after my son (2 years old). He has gone to his childminder so much more than I would have wanted but this time to rest allows me to have the energy to put him to bed and to hide the sickness I feel from him. These moments are so precious and have kept me going. The added childcare costs have been a struggle and I am so appreciative of your support. I still have radiation and a potential third operation to go, but I can see the light at the end of the tunnel. I feel lucky to have the NHS and charities such as yourself. Many Thanks".

"I wanted to write and give a huge thanks to the Nicola Corry Support Foundation for approving our application for my daughter's school holiday care. The money will help us enormously as a family. I don't know how we would have managed without it.

We are so overwhelmed by your kindness and generosity. It means I am no longer worrying about what I will do after I have had surgery to have a mastectomy in a couple of weeks time. I will not be able to drive or lift anything for six weeks so looking after a small child will be difficult.

My daughter's summer school holiday will certainly be better because of your kind donation and I will be able to get the rest I need to be able to recover fully. I can't thank you enough".



Thankyou ever so much, your kindness will relieve some of the pressure at this very difficult time.

You're so very special,
and so very thoughtful, too!

Me and the boys will be forever grateful and wish you much success in the future. Thank you

A message from a Macmillan Cancer Support Worker: "I just want to say the biggest thank you to you all for the extremely generous amount that you have given our patient and family. Words cannot expressed how thankful we are! She has just called me to let me know – she is very overwhelmed!"

We could not do this without your help, so THANK YOU to everyone that has assisted in events, made a donation and joined in! See how you can get involved on the next page.

How you can get involved.....



Come & join us at our upcoming events:

Kingswood Classic Car Show on Saturday 2nd September at Kingswood Village Hall, Kingswood, Wotton-Under-Edge, come and try your luck and guess how many balloons we can squeeze into a classic Citroen 2CV!

Kingswood Village Ball on Saturday 16th September at Park Mill Farm in Kingswood, Wotton-Under-Edge, £50 a ticket for a delicious 3 course meal, live band plus fun and games.

Annual Craft Fair & Coffee morning at Bradbury Hall Coffee shop, Henleaze United Reformed Church on Saturday 11th November from 2.30pm - 5pm. Join us at our popular annual event, there will be gorgeous hand made gifts, chutneys and much more. Take your chance in the raffles or just relax with a beverage and scrummy homemade delights!

Keep an eye out for further info & more events on our website www.ncsf.org.uk and on our facebook page www.facebook.com/Nicola-Corry-Support-Foundation!



Share your creative skills with us i.e. knitting, sewing, chutney making and baking



Host your own event: cream tea, bake off, music gig etc.



Donate a raffle prize



Use our charity for sporting events and challenges such as marathons, walks, sky diving etc.



Choose NCSF as your charity of the year

Email us at info@ncsf.org.uk for further information and to request a fundraising pack



**Join our lucky balls competition for just £5 a month and be in with a chance of winning up to £300 each game!
The competition runs throughout the year,
visit www.ncsf.org.uk/lucky_balls for further information!**



**Come along and support NCSF United (Pink Panthers) who play on a Saturday, on Clifton Downs, you can't miss them in their bright pink shirts!
Or you can follow them online; match reports by Colin Dawe.**

'Helping Families Cope with Cancer'

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