

## The Mendip Monster Mission

Members, friends and family of The Nicola Corry Support Foundation disregarded the rainy, wind blustering weather on the weekend of 16<sup>th</sup>-17<sup>th</sup> June, to join in the charities 2<sup>nd</sup> Fitness Challenge – The Mendip Monster.

The weekend began with a charity football match at Trinity School in Portishead – The charities very own ‘NCSF United’ took on ‘Portishead Pick n Mix’. It was a close game played in the wind and rain which resulted in a draw of 4 goals each at the final whistle. An exciting penalty shoot-out then determined NCSF United as the NCSF Fit challenge 2012 trophy winners.

Saturday afternoon hosted the ‘Mendip Monster’. This was a nine mile hike across the Mendips starting in Cheddar. The heroic challengers waded through the mud and puddles and completed the mission valiantly and were welcomed back at Broadway House campsite in Cheddar for a well-deserved barbecue.

It was a truly fantastic weekend raising an outstanding sum of over £3000, well done to everyone that took part and thank you to the amazing organisation skills of Julie Haydon, NCSF Chair and members of the charity.



*Alfie, Nicola's son—  
still smiling,  
during the challenge*

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## Diving for Dosh

**James Gunter bravely plummeted from the sky to raise money for NCSF.** James, who is Nicola's cousin, took to the skies on Saturday 29th September 2012, from the Old Sarum Airfield in the beautiful town of Salisbury.



James said “the whole idea came about when a friend of mine mentioned that he takes part in lots of skydiving, so I thought, here’s a great opportunity to raise money for NCSF”.

When James arrived at the centre he was asked if he wanted to change his jump to the highest legal tandem in the UK—15,000ft!! He said YES!!

James shared his experience...“It was a weird feeling once I got called up, part of me was very excited and part of me starting to think of all the bad things that could happen”.

Despite his fears James flew up to the jump altitude of an amazing 15,000ft and explained after he fell out of the plane “it was truly amazing. We freefell for just over

a minute, which whilst being extremely exciting, was also a little worrying as it was very cold and very difficult to breathe. The parachute opened at approx 5,000ft—then a phenomenal feeling, just floating down to the ground. We parachuted for about five or six minutes before landing at the prep zone”. Please visit our website for the full account of James’ amazing experience—[www.ncsf.org.uk](http://www.ncsf.org.uk). James has raised a over £800 so far! - Thank you so much James. Next year he wants to do it again.. This time with a team of people...anyone fancy joining him?

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**‘Helping Parents Cope with Cancer’**

# Fundraising

So many people have taken part in fantastic fundraising events this year.

Thank You to everyone who joined in and supported us!

## Runners Galore

NCSF were overwhelmed at the number of participants running the Bristol Half Marathon this year.

An exceptional **TEN** runners, successfully completed the 13.2 mile course in Bristol on Sunday 30th September 2012. The weather conditions were good and a huge amount of supporters swarmed the streets of Bristol to cheer on the competitors.



A MASSIVE thank-you to Abby, Ben, Chris, Helen, Ian, Kate, Kath, Kim, Robin and Tim who have raised a combined total of £2856 so far.....truly amazing!

## Bristol Harbourside Triathlon



**Stephen Smees, who occasionally plays for our NCSF United football team entered the Bristol Triathlon and raised money for us this year as well!**

This epic event is held in and around Bristol Harbour and features a 1.5km swim, followed by a 40k cycle ride with a 10k run to finish! - No walk in the park then!

Stephen completed the tremendously challenging course on 15th July 2012, he has raised well over £400 for NCSF, an enormous THANK YOU to Stephen for this excellent achievement.

Stephen told NCSF;

*"All in all, good fun, lots of support, bit of sun too, but not something I want to do again for a while."*

To read more about Stephen's Triathlon Triumph, please visit our website.....

[www.ncsf.org.uk](http://www.ncsf.org.uk)

# ng in 2012

## Cream Tea Crazy

Although we have endured the wettest summer in 100 years, NCSF members still managed to fit in a few of their famous Cream Teas.

The Kelly girls were extremely lucky with the weather on Saturday 21st July, the sun was shining and the tables were jam packed on the green in the Chipping, Kingswood, Wotton Under Edge. The cream teas were extremely popular, along with the Cake sale and raffle, resulting in a fantastic £380 being raised.....Thank you to everyone who has held, or taken part in one of our Cream Teas this year. Contact us for information so you can hold one of your very own Tea parties next year!



## Christmas Crafts



The NCSF little helpers have been extremely busy, preparing for the Christmas Craft Fairs. Please join us to start your Christmas shopping, we have beautiful handmade jewellery, cosy knitwear, yummy jams and chutneys and much more.

We are holding two of our own Charity Crafts events this year;

**Saturday 17th November 2012 at The Somerset Hall in Portishead, 11am-2pm**

**Saturday 1st December 2012 at Henleaze United Reformed Church, 11am-1pm**

**Please come along, everyone is welcome!!**

**Your kind support and fund raising enables us to offer grants to families coping with cancer, this makes a huge difference for people going through this extremely hard battle. Please read below a letter of thanks from a family we were able to help.....**



To  
All at Nicola Corry Foundation

We would like to say a very big, huge thank you for granting us the very extremely kind donation for extra funding for our son to have extra nursery sessions during this time which is very difficult and life altering, having his daddy poorly with cancer (lymphoma) this will be an amazing help and will enable myself to be at the hospital as much as I can for my fiance. God bless you all

# NCSF UNITED



NCSF United, the Downs League team sponsored by The Nicola Corry Support Foundation, is now in its third season. The team playing in a very bright pink kit can be seen every Saturday on Bristol Downs. They are still in the Fourth division but one day maybe they will get promoted to the third.

NCSF is now well known by hundreds of footballers and supporters across Bristol and surrounding districts—now if they could only get in the FA Cup! .....

**For fixtures see [www.ncsf.org.uk/united\\_home.html](http://www.ncsf.org.uk/united_home.html)  
Why not come up and support the team**

## Ken's Kick Off—The NCSF Pontoon

NCSF run a Football Pontoon for 8 months from September until April, in the summer this is replaced by a Lucky Numbers draw. The cost to join is £60 per year or £5 per month - this gives you a chance to win some money and contribute to a worthwhile charity. 50% of the income goes to the charity the rest to prize money. The more members we get the bigger the prize money!



## How Can you help out?.....

- By sharing your creative skills with us. e.g. knitting, sewing, cooking, jewellery.**
- By Buying some of our Charity Crafts—chutneys, jams, scarves, Happy Bags and more.**
- By joining the football pontoon. Only a fiver a month!**
- Use our charity for your sporting events e.g. half marathon. 10k Runs , cycle rides etc**
- Donate a raffle price.**

Or, there are many other ways in which you can help. If you would like to help, or to find out more information please complete this form and return to 3 Somerset Close, Kingswood, Wotton Under Edge, GL12 8RQ or email [info@ncsf.org.uk](mailto:info@ncsf.org.uk)

Name:.....

Tel:.....

Email:.....



Costs nothing!  
**PLEASE** sign up at  
[www.thegivingmachine.co.uk](http://www.thegivingmachine.co.uk)

**\*\*Please contact us if your details have changed, so we can update our records.**

## 'Helping Parents Cope with Cancer'

[www.ncsf.org.uk](http://www.ncsf.org.uk)

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